



Daily Schedule

- 7:00 - 8:30 Arrival of families, breakfast, bottles (Exchange of information with caregivers about child, such as their sleep at night, diaper rash, fussy, and /or new Milestones. Individual activities - Exploration of Materials)
- 8:30 - 9:00 Changing and checking Diapers (diapers will be checked on a regular basis at at least every two hours.)
- 9:00 - 9:30 Rug Play , nurturing one on one gross motor play, tummy time
- 9:30 - 10:30 Bottles/snack First Naptime for some children (infants nap at what fits their Schedule based on the need and service plan for each child. Naptime and it's duration is Unique to each infant.
- 9:30 - 10:30 Reading/storytime for those children who are not napping
- 10:30 - 11:00 Diaper check,Outside Play/Gross Motor Area
- 11:00 - 11:30 Tummy time, art activities, music time, sensory activities
- 11:30 - 11:45 Set up Lunch
- 11:45 - 12:45 Lunch time and bottles
- 12:45- 1:00 Diaper check, lunch clean -up
- 1:00 - 1:30 Story time, rug play, tummy time, one on one time
- 1:30 - 2:00 Outside Play/Gross Motor Area, art activities
- 2:00 - 3:00 Second nap/Bottles
- 3:00 - 3:30 Diapering
- 3:30 - 4:15 Sensory Play, Tummy Time,Outside play/Gross Motor Area
- 4:15 - 5:00 Snack, Bottles, Dinner
- 5:00 - 6:00 Diapering departure, Communication with families will be given with infant daily report.